

Infant feeding support groups across Leicester, Leicestershire and Rutland



Leicester City

Venue	Day and Time	Information
<p>Mammas Baby & Me Highfields Children Young People and Family Centre Barnard Close Leicester LE2 OUZ (Other venues are also used)</p>	<p>Wednesday 10am – 12pm</p>	<p>Help with all feeding issues 0-2 years. Inclusive of bottle feeding issues.</p> <p>Keep up to date Join the WhatsApp group Call /text Nasreen 07402829698 or Sally 07580159278</p>
<p>Mammas Baby & Me Thurnby Lodge Children, Young People and Family Centre Dudley Avenue Leicester LE5 2EG</p>	<p>Monday 1.00 -2.30pm</p>	<p>Help with all feeding issues 0-2 years. Inclusive of bottle feeding issues.</p> <p>Keep up to date Join the WhatsApp group Call /text Nasreen 07402829698 or Sally 07580159278</p>

<p>Mammas Baby & Me</p> <p>Alternate between Beaumont Leys Children and Young People Centres, Home Farm Walk, LE4 0RW</p> <p>And Bewcastle Children and Young People's Centre, Bewcatle Grove, LE4 2JY</p>	<p>Friday 10-11.30</p>	<p>Help with all feeding issues 0-2 years. Inclusive of bottle feeding issues.</p> <p>Keep up to date Join the WhatsApp group Call /text Nasreen 07402829698 or Sally 07580159278</p>
<p>Braunstone Breastfeeding Support Group Braunstone Children, Young People and Family Centre Gallards Hill Leicester LE3 1QR</p> <p>Contact Steph Cave, Community Nursery Nurse</p> <p>0116 3737150</p>	<p>Thursdays 12.30 – 2pm</p>	
<p>Leicester Bumps Babies and Beyond Group Great Meeting Unitarian Chapel East Bond Street Leicester LE1 4SX</p>	<p>Tuesdays 10am – 12pm</p>	<p>Group runs throughout most of the year including summer holidays Support from an NCT counsellor during term-time only but don't have to be a member of NCT to attend. Nearest parking at Highcross shopping centre. Cost donation of £2.50 per family</p>
<p>Leicester Breast Friends Belgrave Neighbourhood Centre Rothley Street Leicester LE4 6LF</p> <p>Contact Isabel: Isabel.jordan@outlook.com</p>	<p>Tuesdays 10am – 12pm</p> <p>Weekly during term time</p>	<p>Lactation consultant present. Support with all feeding issues.</p>

<p>LCIL West End Centre Andrews Street Leicester LE3 5PA</p>	<p>Mondays 1 – 3pm</p>	<p>This is a group run by midwifery students, supported by their lecturers.</p> <p>Drop in group. Free Parking For more information contact</p>
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Leicestershire and Rutland



North West / Hinckley and Bosworth

Groups marked with * are run by Healthy Together health visiting team staff, supported by the Children's Centres. The number for the Children Centre Hub is 0116 3055993.

Venue	Day and Time	Information
Ashby Children's Centre Woodcote Primary School Ashby LE65 1JZ	Mondays 1- 2.30pm	Contact the public health nursing team: 01530 468507
Plough pub Ashby LE65 1JU	Last Monday of the month 1-2.30pm	

<p>Measham Children's Centre Bosworth Road Measham DE12 7LG</p>	<p>Wednesdays 11.30-1pm</p>	<p>Contact the public health nursing team: 0116 2153216</p>
<p>UP FRONT Breastfeeding Café Earl Shilton Children's Centre Weavers Close Leicestershire LE9 7AH 0116 3055301</p>	<p>Tuesdays 10am -12pm</p>	<p>Toddlers Welcome</p>
<p>UP FRONT Hinckley East Children's Centre Granville Road Hinckley LE10 0PP</p>	<p>Wednesdays 10am – 12pm</p>	<p>Toddlers Welcome</p>
<p>UP FRONT Desford Children's Centre Leicester Lane Desford LE9 9LJ</p>	<p>Thursdays 12.30-2.30pm</p>	<p>Toddlers Welcome</p>

South Leicestershire (Blaby/Oadby/Wigston)

Groups marked * are run by [Bosom Babies](http://www.bosombabies.co.uk) breastfeeding peer supporters (trained volunteer mums) www.bosombabies.co.uk

Older children up to age five are welcome at all groups.

<p>*Huncote Surestart Children's Centre The Pavillion Sportsfield Lane Huncote LE9 3BN</p> <p>0116 3055170</p>	<p>Wednesdays 1-2.30pm</p>	<p>www.bosombabies.co.uk</p>
<p>*Wigston Magna Surestart Children's Centre 30 Long Street Wigston LE18 2AH</p> <p>0116 3055282</p>	<p>Mondays 1-2 pm</p>	<p>www.bosombabies.co.uk</p>
<p>*Countesthorpe Surestart Children's Centre Countesthorpe College Campus Winchester Road LE8 5PR</p> <p>0116 3055170</p>	<p>Thursdays 1-2.30pm</p>	<p>www.bosombabies.co.uk</p>
<p>*Braunstone Town SureStart Children's Centre Grounds of Winstanley Community College Leicester LE3 3BD</p>	<p>Mondays 10-11.30am</p>	<p>www.bosombabies.co.uk</p>
<p>Oadby Walk In Centre 18 The Parade, Oadby, Leicester LE2 6UL</p>	<p>Thursday 9-12</p>	<p>Contact the Oadby public health nursing team: 0116 2950918 to book an appointment.</p> <p>A public health nurse (health visitor) and community nursery nurse are available to provide advice and support.</p>

Market Harborough

<p>Broughton Astley Surestart Children's Centre Old Mill Primary School Station Road Broughton Astley LE9 6PT</p> <p>0116 3057142</p>	<p>Tuesdays 11-12.30pm</p>	
<p>Market Harborough Surestart Children's Centre Coventry Road Market Harborough LE16 9BX</p>	<p>Wednesdays 10-11.30am</p>	<p>Contact the public health nursing team: 01858 438117</p>
<p>Bumps & Babies Group Mini Mischiefs Three Manors Retail Park Rockingham Industrial Estate Market Harborough LE16 7BA</p>	<p>Fridays during term time 10.30am - 12pm</p>	<p>NCT breastfeeding counsellor present susanbfc@hotmail.co.uk www.facebook.com/MarketHarboroughNctBumpsAndBabies</p>
<p>Kibworth Baby Feeding Group St Wilfreds Church 25 Church Road Kibworth Beauchamp Leics LE8 0NB</p>	<p>Mondays 10am -12pm alongside the new Mums group</p>	<p>NCT breastfeeding counsellor present during term time only susanbfc@hotmail.co.uk</p>
<p>Lutterworth Children Centre, Coventry Road, Lutterworth LE17 4RB</p> <p>0116 3055011</p>	<p>Wednesdays 11am -12.30pm</p>	<p>Facilitated by Jane Wright 0116 3055011</p>

Rutland and Melton

Visions Children's Centre Catmose Street Oakham Rutland LE15 6HW 01572 758383	Wednesdays 10am -12pm	
The Edge Children Centre Melton Mowbray LE13 0BQ 01664 502402	Thursdays 12-1.30pm	

Charnwood

Loughborough West Surestart Children's Centre Regent Street Loughborough LE11 5BA 0116 3055241	Fridays 9.30-11am	
Mountsorrel Surestart Children's Centre Christchurch and St Peter's Primary School Rothley Road Mountsorrel LE12 7JU 0116 3055267	First and third Wednesdays of the month 1.30-3pm	
Shepshed Surestart Children's Centre The Oak Centre Shepshed High School Forest Street Shepshed LE12 9BD 01509 650743 or 0116 3055241	Mondays 10am – 12pm	

Syston Jubilee Room Town Council Offices School Street Syston LE7 1HN 01509 410232	Every Thursday 9.30 - 10.30am	Contact the public health nursing team in Syston 01509 410232
La Leche League Loughborough Shelthorpe Children's Centre Woodthorpe Road LE11 2NF 07748568694	Every second Tuesday of the month 1:30 -3:00pm	Contact Fernanda 07748568694