

## Healthy Child Programme

# Following Your Child's Lead

Let your child lead the play by following their own ideas. This will mean spending time to watch them closely to see what they are interested in.



### Why do this?

- It will be easier for your child to focus on things they enjoy. This will mean that they are more likely to play longer, let you join in and pay attention to the words you use.
- It will encourage them to make choices rather than always following your lead.
- It will encourage them to gain in confidence.

Further information is available at: [www.wordsforlife.org.uk](http://www.wordsforlife.org.uk)

Let's Get  
Talking