

## Car safety

Children should stay rear facing till they are at least one-year-old and, if possible, up to 15 months old. Babies can be up to five times safer when facing the rear of the car than facing the front.

Rear facing car seats are suitable up to a weight of 25 kilos and a height of up to 83 centimetres. A booster seat should not be used if a child is under 125 centimetres. They should remain in a forward facing car seat with side impact protection.

Harnesses should be used wherever they are fitted. For example, the car seat, a baby chair, a bike seat carrier, or high chair. They will keep your child in the correct position and safe for the items used.